

Spiritual Disciplines

(Teacher: Pastor Lincoln M. Burruss, Jr.)

The Spiritual Disciplines class provides an engaging and practical overview of 8 Christian disciplines that will deepen your walk with God and help you stand firm in your faith. The 8 Key Christian Disciplines covered in this class that will help your Spiritual Growth are:

- Bible Reading/Study
- Prayer
- Fasting
- Worship
- Service
- Solitude
- Discernment
- Evangelism

For each spiritual discipline, it answers 2 key questions:

- What does the Bible say about this spiritual discipline?
 - Includes a simple description and key verses.
 - Provides key examples and illustrations of people in the Bible.
- How can I apply and practice this spiritual discipline in my life today?
 - Shares practical tips for getting started.
 - Explains how each discipline helps us to have a Christ-focused life.

This class will also reveal 6 common misunderstandings about spiritual disciplines that can sabotage spiritual growth and answers key questions, such as: How can spiritual disciplines be a joy, not a burden? and What does it mean to be Jesus' disciples today?

Your spiritual growth is important because it is a sign of a healthy relationship with God.

EVERYTHING YOU NEED

**Based on a book by Dr. David Jeremiah
(Teacher: Deacon McLloyd Mansfield)**

In the class, “Everything You Need,” it will show how God's divine power gives you everything you need, not half, or most, or a whole lot of what you need, He has given you everything you need to develop a godly life! God has also devised an ingenious way of conveying His power through the biblical promises, or as Peter call them, His great and precious promises (2 Peter 1:4). In our study it shows the eight essential steps Peter listed, each building on the other, and everyone essential for a life of courage, confidence, and effectiveness. Here's a preview of the amazing character qualities we'll explore together listed in 2 Peter 1:5-7:

- Diligence - the pursuit of the Lord with all your heart.
- Virtue - the sustaining joy of a God-pleasing life.
- Knowledge - accelerated growth and wisdom that come from knowing God better.
- Self-Control - the skill of bringing your habits under the Holy Spirit's control.
- Perseverance - resilience that cast off disappointment and discouragement.
- Godliness - the mirror image of Christ in your personality.
- Brotherly Kindness - friendliness that draws people to yourself and to Jesus.
- Love - the essence of serving God and others.

DEVELOPING A SERVANT'S HEART

Based on the writings of Dr. Charles F. Stanley

(Teacher: Dr. Lena Douglas)

This study includes the teaching on how to become fully like Christ by serving others.

How to live a godly life, how to maintain a loving relationship, and how to fulfill our reasons for being on this earth.

It will clearly teach us how to use our gifts, time, talent, money, and more for God's glory and His purposes.

We will learn how to serve with generosity and love.

Serving is giving, and giving is the very essence of the gospel.

God gave His only begotten Son. Jesus gave His life on the Cross.

In developing a Servant's Heart, will show how each of us have been equipped, empowered, and charged to do this as we follow the example of Jesus, the Supreme Servant.

This is a unique approach to Bible Study incorporating Biblical truth, personal insights, emotional responses, and a call to action.

Each lesson includes:

- Overview: A brief look at what is covered in the lesson.
- Life's Questions: A teaching from Dr. Stanley that unpacks the topic of the lesson.
- Living the Principle: Application and Bible Study questions based on the key points.
- Reflection: Key takeaways to put into practice today and tomorrow.

Lessons include as follows:

- Introduction: A Fresh Perspective on Serving
- Saved to Serve
- Called to be a Servant
- A Servant's Spirit
- Jesus: Our Role Model as Servant
- The Pattern for Service
- Qualities of an Effective Servant (Part 1)
- Qualities of an Effective Servant (Part 2)

LISTENING TO GOD

Learn to Hear Him Through His Word Based on a book by Dr. Charles F. Stanley (Teacher: Minister Johnetta Lee)

Although most of us can talk with ease to our best friends, many of us aren't so good at being quiet and hearing what our friend has to say. So, it is with God. For true communication to happen with Him, we must learn to listen through understanding His Word. In *Listening to God, Dr. Charles Stanley* presents a sound way to explore God's Word and hear His truths. He reveals how we can identify with passages of Scripture, reflect on their meaning, and then develop practical steps to apply what we have learned.

Each Lesson Includes:

- Overview: A brief look at what is covered in the lesson.
- Life's Questions: A teaching from Dr. Stanley that unpacks the topic of the lesson.
- Living the Principle: Application and Bible study questions based on the key points.
- Reflections: Key takeaways to put into practice today and tomorrow.

The **book** maybe purchased via Amazon or Christian Book.com.

The **Bible** will be used for scripture references and discussions.

Handouts for each lesson will be given in advance, in order to allow time for you to prepare for the next lessons.

The Red Sea Rules: 10 God-Given Strategies for Difficult Times

Study based on Book by Robert J. Morgan
(Teacher: Rev. Barbara West)

Author Robert Morgan offers ten Biblical Strategies for dealing with hard times and discouragements to move from fear to faith—a divine protocol for handling life. Life is hard, especially for Christians. It is certain that we will face difficulties and that God will allow them. But just as certain is the fact that the same God who led us in will lead us out. As The Red Sea Rules make comfortingly clear, He is in control.

Description:

Using the Israelites' story in Exodus 14 as an example, the author offers ten sound strategies for moving from fear to faith. Just as Moses and the Israelites became trapped between Pharaoh's rushing armies and the uncrossable Red Sea, so are we sometimes overwhelmed by life's problems.

Application:

In The Red Sea Rules, readers will learn strategies to apply The Ten Rules:

- Realize that God means for you to be where you are.
- Be more concerned for God's glory than for your relief.
- Acknowledge your enemy, but keep your eyes on the Lord.
- When unsure, take the next logical step by faith.
- Stay calm and confident, and give God me to work.
- View your current crisis as a faith builder for the future.
- Envision God's enveloping presence.
- Trust God to deliver in His own unique way.
- View your current crisis as a faith builder for the future.
- Don't forget to praise Him.

The Red Sea Rules reveal that God promises to make way for us even during seemingly impossible situation. His loving guidance will protect us through danger, illness, marital strife, financial problems, or whatever challenges Satan places in the Christian's path.

Resources:

- Bible NKJV, unless otherwise stated.
- Red Sea Rules Study Questions
- Red Sea Rules Leader's Guide
- <https://www.robertjmorgan.com/shop/red-sea-rules-study-guide/>
- The Red Sea Rules: 10 God-Given Strategies for Difficult Times by Robert J. Morgan

Don't Give the Enemy a Seat at Your Table It's Time to Win the Battle of Your Mind...

(Teacher: Minister Karena Dobbs)

Textbook Author: Louie Giglio

You don't have to let your thoughts run wild. You don't have to allow the Enemy to influence your thinking. You have power through Jesus Christ to take control of your thoughts and emotions. Jesus invites you to a table that He has prepared for you—a table where the Enemy is not invited.

Discover how to break free from the chains of negative thinking and experience true freedom from unhealthy thoughts and emotions.

The Enemy is constantly seeking to fill your mind with destructive and harmful thoughts—whether of fear, worry, insecurity, anxiety, temptation, envy. . . . It's all too easy for Satan to manipulate his way into a seat at the table intended for only you and Jesus, and to try making himself at home in your mind. It's an ongoing battle, but one you can win!

In *Don't Give the Enemy a Seat at Your Table*, bestselling author and pastor Louie Giglio shares practical ways to overcome the Enemy's lies and instead find peace and security in any challenging circumstance or situation. By drawing from Psalm 23 as a framework, he offers biblical insight on how to . . .

- Cancel the lies that will wreck your life.
- Take empowering steps to live fully alive in Christ.
- Stop the spiral of shame, temptation, and insecurity.
- Restore peace and rest in your life.
- Embrace the true purpose behind your journey through challenging circumstances.
- Break free from the endless cycle of destructive thinking.

You can find freedom from the war inside your mind—if you allow Jesus, the Good Shepherd, to lead the battle. Learn how to find encouragement, hope, and strength no matter what valleys you face. **It's time to reject the lies and listen to the truth.**

The book is available from www.dontgivetheenemy.com, ChristianBook.com, and Amazon.